



Oakley Infant School



Newsletter

Autumn Term: Issue 6

8 Oct 2024



Strive, thrive and achieve together



Dear Parents,

This week our focus in school is mental health week where we will be talking about feelings through our assemblies and a variety of brilliant stories. We were pleased to welcome Junk Jody into school yesterday morning to start the week with a great 'show' and a craft activity for the children to complete over the morning. We are grateful to Friends who financed this activity.

Mrs Barrett has put together some information about mental health and wellbeing on the following slides for you to look at.

Parents' evening will take place on Tues 22 and Thurs 24 Oct and all parents need to catch up with their child's teacher. Appointments' are booked via Arbor and have been available for the last week. The platform will close at 7pm today. If you have not booked please do so before 7pm. The class teacher will seek you out beyond this evening.

When I checked yesterday afternoon only 124 children have appointments booked out of a total of 175 children so there are quite a few still outstanding. If you are struggling to book please pop into the office and they can help you with Arbor, it is where you will pay and book Friends events as well so it is important you are able to use it.

Friends will be running a Movie Night on Thursday 17 October from 3.15-5pm. The children can stay after school to watch a movie and be collected at 5pm. Please book via Arbor by paying for a ticket. We will then use the information to create a register so we know who should stay. Please only book this way for safeguarding reasons we need an accurate view of who is staying.

Niamh Hutchings
Headteacher

INSET Days 2024-2025

25 Oct 2024

4 Nov 2024

14 Feb 2025

27 June 2025

Article 28

A right to an education.

Open Afternoon- 18 Oct
We will do a Celebration Assembly
after drop off at 9.10am rather than
cancel completely.



Friends AGM

Friends AGM will take place on Wed 9 Oct at 7.30pm. Please come along to meet the team.

Census

Thank you to everyone who encouraged their children to have a school dinner last week for the school census.

Rotary Club and Food Bank

A HUGE thank you for the donations for both the Foodbank and the Rotary Boxes. We have been overwhelmed by all of the donations and needed to request more rotary boxes for the donated items. Thank you.

PE Kits

We are still finding that the children in Year 1 and 2 do not have a full PE kit with them in school. While we have some spare items the demand seems to be outstripping the supply.

- If your child has brought any PE kit home please return it ASAP.
- Please provide a spare pair of socks to be put and kept in the PE kit so that your child has spare for if they get wet (the weather is making this very likely) and for the days tights are worn to school, it is not nice to wear tights and trainers.
- Remove earrings on the PE day, your child cannot take part if they are in.

Celebration Assembly

It was lovely to welcome the Year R children to Celebration Assembly last Friday. A reminder that if your child has an out of school achievement eg. Swimming certificate, gym superstar certificate etc please send it in with your child and we will celebrate them on a Friday afternoon. You are welcome to join us in the hall for the assembly. Please enter via the school office at 2.45pm to sign in. If your child has celebrated their birthday you are also welcome to join us for the assembly the week of their birthday.

Open Afternoon

On 18 October we will be having an Open Afternoon where an adult is welcome to join their child to complete some activities linked to a story. Please join us from 2pm.

As this will interfere with Celebration Assembly we will have assembly after drop off in the morning at 9.10am instead of the afternoon. We can celebrate birthdays up until 25 October.

Included with the Newsletter

Friends Newsletter

E-Safety Information from Safeguarding Governor

World Mental Health Day

Looking after a child or young person's mental health

As parents and carers, there are ways we can support our children to give them the best chance to stay mentally healthy. Encouraging and guiding a child to think about their own mental health and wellbeing are vital skills you can teach them from a young age. This year's theme is 'Make mental health and wellbeing for all a global priority'.

Ways to support a child or young person



Be there to listen

Regularly ask your child how they're doing, to help them get used to talking about their feelings, and know there's always someone there to listen.

Support them through difficulties

Pay attention to how your child is feeling or behaving and try to help them work through difficulties. It may not be easy facing challenging behaviour, but try to help them understand what they're feeling and why.

Stay involved in their life

Show interest in their life and what's important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.

Encourage their interests

Support and encourage your child to explore their interests. Being active or creative, learning new things and being part of a team helps connect us and and boosts our mental wellbeing.

Build positive routines

Try to have structure around regular routines, especially around healthy eating and exercise. A good night's sleep is also important, so have a fixed time for going to bed and getting up.

Rainbow-LICIOUS



Junk Jodie joined us in in a wellbeing storytelling adventure.

Oakley Infant school children loved watching the performance by Junk Jodie. We met Beverly Butterfly and became **Rainbow-LICIOUS** through mindfulness!

We also met Jodie's recycled friends including Donny Dinosaur, Fairy Flower Bud and Sammy Sock Puppet. This show supports well-being and we were inspired to make butterflies from junk and bring them to life with our imagination!

Find out more about Junk Jodie;

Website: <https://junkjodie.com/>

Youtube:

<https://www.youtube.com/@junkjodierycycledartandsto2515>

Instagram:

https://www.instagram.com/junkjodie_artandstorytelling/



A huge thank you to Friends of Oakley for funding this special treat :)

Health Advice Clinic in school

Come along and have a chat with a
Community Nursery Nurse from the
School Nurse Team on:

Wednesday 23rd October from 9am in
Room 2 (classroom in between Sycamore
and Maple Class).

They can provide advice and sign posting for:

- Toileting
- Eating
- Sleep
- Behaviour
- Healthy lifestyles

There is no need to book an appointment.
Just turn up!

Flu Vaccinations- a message from the team

Your child's annual Nasal Flu Vaccination is NOW DUE. The vaccine helps protect against flu, which can be a serious or life-threatening illness.

Click the link below for the electronic form and information about the vaccine. Access to the form will close two working days prior to the session, 9am Thursday 14 November.

School Code: SH116047

Session date: Monday 18 November 2024

Year Group: Year R - 2

Link to website: [Nasal Flu Vaccination Programme : Hampshire Healthy Families](#)

If you decide you do not wish your child to receive the vaccine against flu, please submit the form to record your decision. This will enable us to update your child's immunisation record.

Dates for your Diary

Date	Event
8 October	Individual Photos
9 October	Friends AGM- all welcome
18 October	Open Afternoon- Book Focus (CELEBRATION ASSEMBLY at 9.10am)
22 and 24 October	Parents' Evening- appointments on Arbor
23 October	School Nurse drop in clinic
25 October	INSET Day
28 Oct-1 Nov	Half Term
4 November	INSET Day

E-Safety

This week I have included some information from our Safeguarding Governor, Alex Jones, who has a wealth of experience working with young people. Alex has put together some information about keeping children safe online.