Physical Education Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Spatial Awareness: Look Out Move About	Gymnastics: Balance	Dance- Explorers	Brilliant Beanbags	Jump and Roll	Role Models
	Opportunities with outdoor and indoor provision.	Opportunities with outdoor and indoor provision.	Opportunities with outdoor and indoor provision.	Opportunities with outdoor and indoor provision.	Opportunities with outdoor and indoor provision.	Opportunities with outdoor and indoor provision.
Year 1	Motor Competence and Movement Skills	Gymnastics: Shape	Dance: Welcome to the Jungle	Gymnastics: Apparatus	FUNdamentals	Role Models
	ActiveMe 360 Sports: OAA	*ActiveMe 360 Sports: Run, Jump, Throw*	*ActiveMe 360 Sports: Send and Return*	*ActiveMe 360 Sports: Attack, Defends, Shoot*	*ActiveMe 360 Sports: Hit, Catch, Run*	*ActiveMe 360 Sports: OAA*
Year 2	Gymnastics: Shape and Balance	Dance- Fire, Fire	Gymnastics: Wall Bars and Apparatus	Dance: Country Dancing	FUNdamentals	Role Models
	ActiveMe 360 Sports: OAA	*ActiveMe 360 Sports: Run, Jump, Throw*	*ActiveMe 360 Sports: Send and Return*	*ActiveMe 360 Sports: Attack, Defends, Shoot*	*ActiveMe 360 Sports: Hit, Catch, Run*	*ActiveMe 360 Sports: OAA*